

"I will recommend this course to anybody that is serious about passing. They teach you how to do it right."

— MONICA ROBLES, MD, HANNIBAL, MO

"This course provided me with in-depth knowledge of the CAP Oral Boards. It taught me to tackle situations in children and adolescents including those with substance abuse issues and the high-risk suicidal patient."

— AILYN DIAZ, MD, LEBANON, PA

"I took the course for the adult orals and was so impressed with how much I was able to improve in a few days. I passed...and felt confident that I was well prepared. I was so happy to find out that you were doing a course on CAP! I am as pleased with this course as I was with the adult oral course."

— JERLYN MCCLEOD, MD, DOTMAN, AZ

"The course is an opportunity to put together all your knowledge in a practical way that satisfies the requirements to pass the boards."

— RICARDO ARANGO, MD, WHITESTONE, NY

"The course is organized and comprehensive — a true gem. The doctors are professional and highly knowledgeable. Their input was helpful to guiding me to a successful exam. Truly a great benefit for board preparation."

— RANDIE SCHATER, MD, MATTHEWS, NC

"The course helped me not only in preparation for the oral boards in child psychiatry, but is a useful tool for my professional development. Very valuable experience. Thank you."

— BOGUSLAW GLUSZAK, MD, TERRE HAUTE, IN

"This was definitely a great and worthwhile investment. Now I feel passing the board exam is attainable. I feel much more secure in my ability to present a case in front of examiners."

— ANNA CARRILLO, MD, POWEY, CA

"The course is a wonderful opportunity to collaborate with knowledgeable faculty and peers. Now I can focus on the areas needed to pass with confidence!"

— MCLEOD GWYNETTE, MD, MT. PLEASANT, SC

"Very informative and geared to give you tools essential for the boards."

— NIRAJA PATEL, MD, SCOTTSDALE, AZ

"The course is relevant and highlights pertinent aspects of the exam that candidates need to be aware of. The class size is small enough to benefit maximally."

— LORRAINE WHARTON-MOHAMMED, MD, LAKEWOOD, NY

"The faculty examiners were excellent and provided a good environment to practice for oral boards."

— MELISSA WATSON, MD, LIVINGSTON, LA

"This course should be offered in residency/fellowship. Dr. K. is an excellent instructor. Organized, dynamic, able to simplify complex clinical issues."

— LINDA SCHMIDT, MD, PORTLAND, OR

"Having previously completed the adult BTB course, I was excited to come back to prepare for the child boards. Once again, I felt that the course not only got me ready for my exam, but also gave me valuable tools for improving my daily practice. Thanks American Physician staff."

— JESSICA MANAKER, MD, ORONO, ME

"The course struck the right balance between didactic/syllabus materials and actual in vivo test practice. It will enhance my note-taking skills, my conciseness of clinical interviewing and the way I conceptualize treatment."

— MANAL SOLIMAN, MD, INDIAN HARBOR BEACH, FL

"I'm glad I attended. I feel I am prepared to take on any video and vignette. Great work by Drs. Friedman and Krasuski"

— NASIM SHAJIHAN, MD, SEWICKLEY, PA

"I personally would not go to the boards without attending this course. Jack Krasuski is committed to helping candidates pass these exams. His honesty and integrity are sincerely appreciated."

— KIRTI SAXENA, MD, DALLAS, TX

"This course has helped me focus on improving key areas in preparing for the child oral boards. In particular, there is a method to this madness, especially with the video and vignette portion of the exam. I would recommend it highly."

— JOHN ROSE, MD, WASHINGTON, DC

**Hundreds more testimonials available online at [www.BeatTheBoards.com](http://www.BeatTheBoards.com)**



**Our goal is to make sure you pass your exam, and we will continue to work with you until you do for no additional cost. If you don't pass you can repeat the entire course each time you retake the (full or half) exam, with no tuition required.**

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Dr. Jack Krasuski, MD  
Executive Director

# 3 STEPS TO ORAL EXAM SUCCESS

This comprehensive course addresses every skill that is required on the Child & Adolescent Psychiatry Oral Board Exam — from the live patient interview and case presentation to the examiners, to the written and video vignettes. All you have to do is follow the steps, including studying the materials and participating in the practice sessions, and you can be confident of your success.

## STEP 1: FAST TRACK HOME STUDY MATERIALS

The first part of the Beat the Boards!® course is the home study component, which includes CDs, DVDs and written manuals. These materials will be sent to you immediately, so you can begin studying and master the concepts even before you attend the live course.

- **8 Audio CDs** – step-by-step instructions tell you exactly what to do on the patient interview and presentation to the examiners as well as the written and video vignettes.
- **4 DVDs** – featuring three live patient interview mock exams, each of which includes a candidate interviewing a real patient, presenting to an examiner, and then receiving detailed feedback. There is an additional DVD of a patient interviewed a second time by another candidate, so you can see how different psychiatrists obtain different data from the same patient.
- **4 DVDs** – featuring four different vignette mock exams. On each, a candidate is examined on four written vignettes and one video vignette.
- **2 DVDs** – featuring four model oral board interviews. After each board-style interview is conducted, the case is reviewed in detail with a performance critique.
- **Manual** – 162 pages of step-by-step instructions covering every conceivable aspect of the exam performance. (These are the transcripts of the audio CDs with additional study materials included.)

## STEP 2: BOOT CAMP DAY

This highly interactive skill-building day is spent practicing the most challenging exam skills under the direct supervision of our expert faculty. Some of the skills you will master include:

- **Therapeutic Engagement** – Learn how to engage patients therapeutically — even defiant, disorganized or mute ones. This is the most important skill to master.
- **Psychological Understanding** – Learn to understand the myriad aspects of a patient's psychological function as well as how to justify the most sensible psychotherapy for the patient.
- **Interview Mapping** – Learn to maintain a disciplined, well-paced, 30-minute interview that is structured according to our mapping system. So you take notes that actually guide your interview and presentation, helping you to keep on time and avoid missing important informational areas.
- **Presentation System** – Learn how to organize your case presentation, formulation (two different formats), differential diagnosis and management plan according to rule-based systems that virtually guide you into the correct presentation approach.
- **Video Observation & Presentation** – Learn the most common mistakes to avoid in the video clip observation and learn the system that permits you to anticipate each of the examiner's questions.
- **Vignette Analysis & Presentation** – Learn how to analyze the vignette as you read it and extract all the pertinent details, anticipate examiner questions, and also learn the little tricks the vignette writers use to trip up unsuspecting candidates.
- **Hypnosis** – You may also participate in our hypnotic performance optimization exercises to minimize your anxiety and help you perform to your highest ability.

## STEP 3: THREE MOCK EXAM DAYS

Immediately after the Boot Camp Day you'll participate in 3 additional days of realistic mock-exam training under the guidance of our expert faculty.

- **Gain exposure to three days' worth of written vignettes, board-style video clips and adolescent patient interviews.**
- **Receive one 75 minute Patient Interview Mock Exam, with oral and written feedback provided.**
- **Receive one 90 minute Vignette Exam with detailed oral and written feedback provided.**
- **CME Included: Earn up to 33.5 AMA/PRA Category 1 CME hours. Ask if your group/employer will cover the cost of this CME activity.**

## HOME STUDY OPTION


We understand how busy your life is. That's why we also offer a Home Study version of our Beat the Boards!® Child & Adolescent Psychiatry Part 2 Exam Prep Course. So if you don't have time to attend the live course, you can still receive the help you need to pass your exam. This Home Study Course makes preparing as easy as:

- 1. Listening to CDs in your car or on your iPod:** 8 CDs in all.
- 2. Watching DVDs on your computer or TV:** 10 DVDs cover every aspect of exam performance.
- 3. Reading written reference materials:** 162 pages of step-by-step instructions covering every conceivable aspect of the exam performance. (These are the transcripts of the audio CDs with additional study materials included.)



*J. K.*  
Dr. Jack Krasuski, MD  
Executive Director



**CME Approved 33.5 Hours Cat 1 Credit. **  
**Ask your employer/group if they will reimburse you for this CME educational event.**

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**Our goal is to make sure you pass your exam, and we will continue to work with you until you do for no additional cost. If you don't pass you can repeat the entire course each time you retake the (full or half) exam, with no tuition required.**